

2018 Christmas Fun



Channel Guide

| | | | | | |
|----|-----------------|----|-------------------------|---|-------------------|
| 2 | DVD CHANNEL | 20 | INVESTIGATION DISCOVERY | 38 | LEARNING CHANNEL |
| 3 | ABC | 21 | AMERICAN MOVIE CLASSICS | 39 | TV LAND |
| 4 | CBS | 22 | TURNER CLASSIC MOVIES | 40 | TNT |
| 5 | NBC | 23 | NATIONAL GEOGRAPHIC | 41 | USA |
| 6 | FOX | 24 | CMT | 42 | ETERNAL WORD TV |
| 7 | PBS | 25 | FX | 43 | TRINITY BROADCAST |
| 8 | CW | 26 | HALLMARK | 44 | A&E |
| 9 | ESPN | 27 | CNN | 45 | BRAVO |
| 10 | ESPN 2 | 28 | FOX NEWS | 46 | DISNEY CHANNEL |
| 11 | ESPN U | 29 | MSNBC | 47 | DISCOVERY |
| 12 | ESPN NEWS | 30 | C-SPAN | 48 | WEATHER NATION |
| 13 | BIG TEN NETWORK | 31 | HEADLINE NEWS | Brought to you by:  | |
| 14 | FOX SPORTS 1 | 32 | E! ENTERTAINMENT | | |
| 15 | INSPIRATION | 33 | LIFETIME | | |
| 16 | COMEDY CENTRAL | 34 | HGTV | | |
| 17 | ANIMAL PLANET | 35 | FOOD NETWORK | | |
| 18 | HISTORY | 36 | SYFY | | |
| 19 | ABC FAMILY | 37 | TBS | | |

Vista Montana Press

VISTA MONTANA SENIOR LIVING 155 NORTH GIRARD-HEMET, CA. 92544
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January 2019

This Year

BELIEVE THAT ANYTHING IS POSSIBLE

START EACH DAY WITH GOALS

EAT MORE REAL FOOD

BUY GOOD BOOKS AND MAKE TIME TO READ THEM

DRINK WATER

EXERCISE DAILY EVEN WHEN IT SOUNDS LIKE A TERRIBLE IDEA

SHOP FOR QUALITY NOT QUANTITY

PURGE THE UNNECESSARY AND DECREASE CLUTTER

HUG THE ONES I LOVE

FIND THE BEST IN OTHERS

SHOW OTHERS THE BEST IN ME

YOUR STAFF

General Manager

Floyd Hughes

A.L. Administrator

Marilou Carlson

Administrative Assistant

Jolene Torres

Raquel Montes

Receptionist

Karina

Kitchen Director

Corey Douglas

Kitchen Staff

K.D. Assis. : Veronica
Cooks: Angelica, Fernando,

Michelle, Yalinez

Server: Anhelica,

Alexis, Cerena, Crystal,

Justine, Joselynn, Laurie,

Lazy, Mary, Tanesha, Trista

Housekeepers

Joann Gomez

Alexandria

Driver

Val Montes

Maintenance

Rick Aguirre

Resident Care Coordinator

Mercy Martinez

Med. Tech

Anna, Arora Chantay, Nikki,

Wlinina

Activity Director

Lori Hughes



2019
Loading



TRANSPORTATION
SCHEDULE

MON. & WED.
SHOPPING DAY

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|--|---|
| | | 1 Happy New Year 9:00 Courtyard Walk 10:00 Gardening (2nd floor) 11:00 Turner Classics (AR) 12:00 Candlelight Lunch 3:00 Snack Time | 2 9:00 Walmart 10:00 Chair Exercise (AR) 11:00 Turner Classics (AR) 2:00 Herms Hymns (AR) 3:00 Snack Time (2nd floor) | 3 10:00 Look for a Snowman-Walk 11:00 Bible Study w/Herm (AR) 1:30 Bingo (AR) 3:00 Snack Time (2nd floor) | 4 10:00 Adult Coloring (AR) 11:00 Turner Classics (AR) 1:30 Ice Cream Social (AR) 3:00 Snack Time (2nd floor) | 5 9:30 Donut Social 10:00 Puzzle Time (AR) 11:00 Turner Classics (AR) 2:00 Bingo (Build-B 2nd floor) 3:00 Snack Time (1st floor) |
| 6 9:00 Morning Walk 11:00 Turner Classics (AR) 3:00 Church Service (AR) 3:00 Snack Time (1st Floor) 6:00 Word Find (AR) | 7 Wear Purple Day 9:00 Stater Bros. 10:00 Adult Coloring (AR) 11:00 Turner Classics (AR) 2:00 Popcorn Social (AR) 3:00 Snack Time (2nd floor) | 8 9:00 Courtyard Walk 10:00 Popcorn (2nd floor) 11:00 Turner Classics (AR) 1:30 Resident Council Meeting 3:00 Snack Time | 9 9:00 Walmart 10:00 Chair Exercise (AR) 11:00 Turner Classics (AR) 2:00 Herms Hymns (AR) 3:00 Snack Time (2nd floor) | 10 10:00 Look for a Snowman-Walk 11:00 Bible Study w/Herm (No Bingo Today) 2:00 Karaoke RIZA (AR) 3:00 Snack Time (2nd floor) | 11 10:00 Adult Coloring (AR) 11:00 Turner Classics (AR) 2:00 Braille Institute Presentation 3:00 Snack Time (2nd floor) | 12 9:30 Donut Social 10:00 Puzzle Time (AR) 11:00 Turner Classics (AR) 2:00 Bingo (Build-B 2nd floor) |
| 13 9:00 Morning Walk 11:00 Turner Classics (AR) 3:00 Church Service (AR) 3:00 Snack Time (1st Floor) 6:00 Word Find (AR) | 14 9:00 Stater Bros. 10:00 Adult Coloring (AR) 11:00 Turner Classics (AR) 2:00 Popcorn Social (AR) 3:00 Snack Time (2nd floor) | 15 9:00 Courtyard Walk 10:00 Popcorn (2nd floor) 11:00 Turner Classics (AR) 2:00 Singer Joe Rodriguez (AR) 3:00 Snack Time | 16 Wear Green Day 9:00 Walmart 10:00 Chair Exercise (AR) 11:00 Turner Classics (AR) 2:00 Herms Hymns (AR) 3:00 Snack Time (2nd floor) | 17 10:00 Look for a Snowman-Walk 11:00 Bible Study w/Herm 1:30 Bingo (AR) 3:00 Snack Time (2nd floor) | 18 10:00 Adult Coloring (AR) 11:00 Turner Classics (AR) 2:00 Puzzle Time (AR) 3:00 Snack Time (2nd floor) | 19 9:30 Donut Social 10:00 Puzzle Time (AR) 11:00 Turner Classics (AR) 2:00 Bingo (Build-B 2nd floor) 3:00 Snack Time (1st floor) |
| 20 9:00 Morning Walk 11:00 Turner Classics (AR) 3:00 Church Service (AR) 3:00 Snack Time (1st Floor) 6:00 Word Find (AR) | 21 Martin Luther King Day 9:00 Stater Bros. 10:00 Adult Coloring (AR) 11:00 Turner Classics (AR) 2:00 Popcorn Social (AR) 3:00 Snack Time (2nd floor) | 22 9:00 Courtyard Walk 10:00 Popcorn (2nd floor) 11:00 Turner Classics (AR) 2:00 Car Race (AR) 3:00 Snack Time | 23 9:00 Walmart 10:00 Chair Exercise (AR) 11:00 Turner Classics (AR) 2:00 Herms Hymns (AR) 3:00 Snack Time (2nd floor) | 24 Wear Gray Day 10:00 Look for a Snowman-Walk 11:00 Bible Study w/Herm (1:30 Bingo (AR) 3:00 Snack Time (2nd floor) | 25 10:00 Adult Coloring (AR) 11:00 Turner Classics (AR) 2:00 Puzzle Time (AR) 3:00 Snack Time (2nd floor) | 26 9:30 Donut Social 10:00 Puzzle Time (AR) 11:00 Turner Classics (AR) 2:00 Bingo (Build-B 2nd floor) 3:00 Snack Time (1st floor) |
| 27 Happy Birthday Joann Howard 9:00 Morning Walk 11:00 Turner Classics (AR) 3:00 Church Service (AR) 3:00 Snack Time (1st Floor) 6:00 Word Find (AR) | 28 9:00 Stater Bros. 10:00 Adult Coloring (AR) 11:00 Turner Classics (AR) 2:00 Popcorn Social (AR) 3:00 Snack Time (2nd floor) | 29 Happy Birthday Joan Nagy 9:00 Courtyard Walk 10:00 Popcorn (2nd floor) 11:00 Turner Classics (AR) 2:00 Word Find (AR) 3:00 Snack Time | 30 9:00 Walmart 10:00 Chair Exercise (AR) 11:00 Turner Classics (AR) 2:00 Herms Hymns (AR) 3:00 Snack Time (2nd floor) | 31 10:00 Look for a Snowman-Walk 11:00 Bible Study w/Herm 1:30 Bingo (AR) 3:00 Snack Time (2nd floor) | <p align="center">Residents</p> <p align="center">Don't forget when you attend an activity you will get a Vista Buck Save your Vista Bucks for the upcoming Spring Auction or Bazaar. Let's Have a Good Year !!!!</p> | |

LOCATION



TVR: TV ROOM
(1st floor)

AR: Activity Room
(2nd floor)

DR: Dining Room
(1st floor)

CH: Chapel
(2nd floor)

AL: Assisted Living
(building-C)

IL: Independent
Living (Building-B)



Meal Time Schedule

Breakfast: 7:30
Lunch: 12:00
Dinner: 5:00

*Don't forget
to smile.*



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