

Breakfast 7:00

Lunch 12:00

Dinner 5:00

Weekly Menu

September 2019

| Sunday 9/1 | Monday 9/2 | Tuesday 9/3 | Wednesday 9/4 | Thursday 9/5 | Friday 9/6 | Saturday 9/7 |
|--|---|--|---|--|---|--|
| <u>Breakfast</u> Breakfast Scramble & Toast | <u>Breakfast</u> Pancakes Scramble Eggs & Bacon | <u>Breakfast</u> Biscuit & Gravy Scramble Eggs | <u>Breakfast</u> Scramble Eggs Hash Brown Bacon | <u>Breakfast</u> Scrambled Eggs Sausage , Danish | <u>Breakfast</u> French Toast Scramble Eggs Fresh Fruit | <u>Breakfast</u> Scrambled Eggs Potatoes Sausage |
| <u>LUNCH</u> PEARS Salisbury Steak Served w/Mashed Potato & Gravy, Green Beans & Dinner Roll Dessert: Bread Pudding | <u>Lunch</u> Carrot Raisin Salad Orange Chicken Served w/ White Rice & Veggies Dessert: Banana Pudding | <u>Lunch</u> Green Salad Shrimp Alfredo Over Pasta Served with Veggies, & Garlic Bread Dessert: Chocolate Cake | <u>Lunch</u> Fresh Fruit Salad Beef Stroganoff Served with Egg Noodles Mixed Vegetables Dinner Roll Dessert: Peach Cobbler | <u>Lunch</u> Ambrosia Pork Chops Served with Baked Potato, Mixed Veggies, & Dinner Roll Dessert: Apple Pie | <u>Lunch</u> Coleslaw Baked Salmon On a Green Leaf Served with Rice Dessert: Ice Cream | <u>Lunch</u> Tomato & Cucumber Salad BBQ Chicken Served with Baked Beans & Corn Dessert: Chocolate Pudding |
| <u>Dinner</u> Beef Barley Soup Chicken Alfredo w/Veggies & Garlic Bread | <u>Dinner</u> Chicken Noodles Soup Hamburger & Fries | <u>Dinner</u> Split Pea w/Ham soup Pizza Meat/Cheese Bread sticks & Green Salad | <u>Dinner</u> Posole Kielbasa Sausage w/peppers & onions, Bow Tie Pasta, Tossed w/Parmesan cheese, veggies | <u>Dinner</u> Navy Bean /Ham Pork Fried Rice w/ veggies & fortune cookie | <u>Dinner</u> Baked Potato Soup Pub Style Fish & Chips (Fries) | <u>Dinner</u> Tomato Soup Carnitas Street Tacos w/spanish rice |
|  | <p>1. Grilled Cheese & Soup 2. Cottage Cheese 3. Peanut Butter & Jelly Sandwich 4. Baked Mac & Cheese w/Ham 5. Traditional Salad 6. Turkey Croissant & Fries</p> | | | | | |
| | <u>DIABETIC MENU</u>  | <u>CHICKEN BOWL</u> Chicken, Pinto Beans, Brown Rice w/Cheese & Salsa | | <u>DIJON CHICKEN</u> Baked Chicken, Sweet Potato Fries, Steamed Broccoli | | <u>GARDEN SALAD</u> Lettuce & Vinaigrette Dressing |