

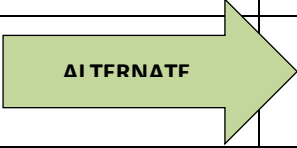
**Breakfast 7:00**

**Lunch 12:00**

**Dinner 5:00**

# Weekly Menu Independent

**September 2019**

<b>Sunday 9/1</b>	<b>Monday 9/2</b>	<b>Tuesday 9/3</b>	<b>Wednesday 9/4</b>	<b>Thursday 9/5</b>	<b>Friday 9/6</b>	<b>Saturday 9/7</b>
<b><u>Breakfast</u></b> Breakfast Scramble & Toast	<b><u>Breakfast</u></b> Pancakes Scramble Eggs & Bacon	<b><u>Breakfast</u></b> Biscuit & Gravy Scramble Eggs	<b><u>Breakfast</u></b> Scramble Eggs Hash Brown Bacon	<b><u>Breakfast</u></b> Scrambled Eggs Sausage , Danish	<b><u>Breakfast</u></b> French Toast Scramble Eggs Fresh Fruit	<b><u>Breakfast</u></b> Scrambled Eggs Potatoes Sausage
<b><u>LUNCH</u></b> PEARS  Salisbury Steak Served w/Mashed Potato & Gravy, Green Beans & Dinner Roll Dessert: Bread Pudding	<b><u>Lunch</u></b> Carrot Raisin Salad  Orange Chicken Served w/ White Rice & Veggies  Dessert: Banana Pudding	<b><u>Lunch</u></b> Green Salad  Shrimp Alfredo Over Pasta Served with Veggies, & Garlic Bread  Dessert: Chocolate Cake	<b><u>Lunch</u></b> Fresh Fruit Salad  Beef Stroganoff Served with Egg Noodles Mixed Vegetables Dinner Roll  Dessert: Peach Cobbler	<b><u>Lunch</u></b> Ambrosia  Pork Chops Served with Baked Potato, Mixed Veggies, & Dinner Roll  Dessert: Apple Pie	<b><u>Lunch</u></b> Coleslaw  Baked Salmon On a Green Leaf Served with Rice  Dessert: Ice Cream	<b><u>Lunch</u></b> Tomato & Cucumber Salad  BBQ Chicken Served with Baked Beans & Corn  Dessert: Chocolate Pudding
<b><u>Dinner</u></b> Beef Barley Soup  Chicken Alfredo w/Veggies & Garlic Bread	<b><u>Dinner</u></b> Chicken Noodles Soup  Hamburger & Fries	<b><u>Dinner</u></b> Split Pea w/Ham soup  Pizza Meat/Cheese Bread sticks & Green Salad	<b><u>Dinner</u></b> Posole Kielbasa Sausage w/peppers & onions, Bow Tie Pasta, Tossed w/Parmesan cheese, veggies	<b><u>Dinner</u></b> Navy Bean /Ham  Pork Fried Rice w/ veggies & fortune cookie	<b><u>Dinner</u></b> Baked Potato Soup  Pub Style Fish & Chips (Fries)	<b><u>Dinner</u></b> Tomato Soup  Carnitas Street Tacos w/spanish rice
	<b>1. Grilled Cheese &amp; Soup    2. Cottage Cheese    3. Peanut Butter &amp; Jelly Sandwich</b> <b>4. Baked Mac &amp; Cheese w/Ham    5. Traditional Salad    6. Turkey Croissant &amp; Fries</b>					